

## **Is FX and CFD trading, and Spread Betting appropriate for me?**

**Trading FX and CFDs, and Spread betting is not appropriate for everyone and we would normally expect these products to be used by persons who:**

- Have a high risk tolerance
- Are trading with money that they can afford to lose
- Have experience with, and are comfortable trading on financial markets and understand the impact and risks associated with margin trading
- Generally want to acquire short term exposure to financial instruments/markets
- Have a diversified investment and savings portfolio

**FX, CFDs and Spread Bets are offered for trading at OANDA on an execution only basis, meaning no advice or recommendation is given nor monitoring or risk management assistance provided.**

**These products are appropriate for the following individuals:**

- Experience traders
- Inexperienced traders who understand the risks and who have disposable income
- Those with a high risk tolerance
- Not appropriate for anyone who has low income and low savings